

# Life By Simon No

### Life

When I reflect upon life, there is a special meaning to each and every life experience What may be perceived as good or bad, happy or sad are our own unique learning experiences as we go through this journey that may be fleeting for some, winding for others and yet always transitional for all. Do not be discouraged or hurt when things do not appear to go your way but seek from within to find the lessons to be learned from each experience that come our way. For at the end of this life's short journey all we truly seek is the wisdom of the soul.

# Rhapsody

This is my first instrumental song, which I have written many years ago. It is also one of my favourite. It was composed at a time when I was going through a deep personal grieve. Composing this piece not only healed all the pain and hurt, it also uplifted me to great joy and happiness. Music completes my life and allows me to rediscover my soul.

### Chinese Garden

Hove to visit the Chinese Garden, especially when Hook at the scenery & the quiet water, it just gives me a peaceful mind & the feeling is really good & refreshing.

The Er-hu has a unique sound, which really gives an outstanding solo in this song. Hove to visit the Chinese Garden. The serene scenery and the tranquil quiet water brought to my mind a deep sense of peacefulness.

This wonderfully good and refreshing feeling experienced at the Chinese Garden inspired me to write this instrumental piece. The Er-hu has a unique sound that gives an outstanding solo in this song.

### Flow

I was inspired to write this track while staring at the famous Mount Fuji in Japan. The rain started pouring and the cooling breeze swept across my face giving a tinkering sensation that I have never experienced before.

The tune kept running in my mind and I quickly penned down the "Flow".

# Say You Love Me

We know we can't keep everything with us in life forever. Yet there are times we wish our loved ones can stay by our side eternally. True love is about giving and loving unconditionally and without attachments and letting go when the time comes. What would be left behind would be blissful memories to cherish and nourish, providing us the strength to face future challenges.

### Loneliness

There are times when we are surrounded with people and having a ball of a time; but there will also be moments when you need someone by your side and yet you find out that no one is there for you when you needed them most. Instead of despair, I hope this piece of music can accompany you in your moment of loneliness to contemplate and reflect upon the journey of your life.

, Singapore

### Reach With Your Heart

This song has been with me throughout the years. I would like to specially thank my group of selfless volunteers who has been with me doing charity events.

Their tireless effort and compassion has touched many lives that are less fortunate.

## We are as one, Singapore

Being a Singaporean, I would like to write something about this beautiful little island surrounded by water, the wonderful people & scenery around us. Despite all the physical differences among us, we are spiritually as one. Singapore.

# Thank You For Everything

This piece of music is for you. I thank you for listening to this album & wish you warmth and joy in your marvelous journey through LIFE.

### Just You. No One Else

This is for all my loved ones & friends who have given me all the support & encouragement throughout my musical career and life.

Being a musician is not as easy as it seems to be. It involves a lot of sacrifice and sometimes, our determination towards perfection led us to neglect our loved ones as well.

I thank you all for your understanding & patience.

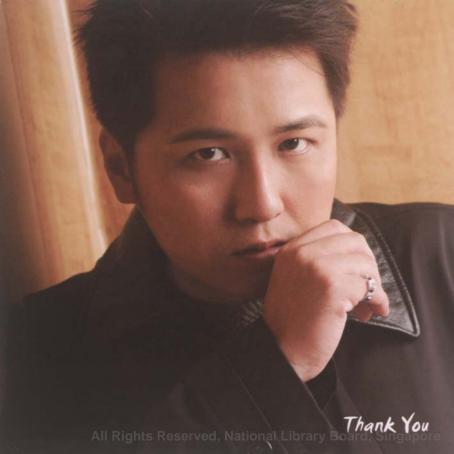
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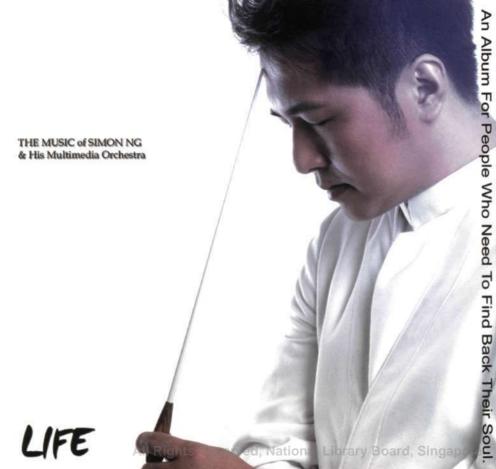


02 Rhapsody

SIMON

multimedia

03 Chinese Garden 07. Reach With Your Heart 08. We Are As One, Singapore 09. Thank You For Everything 10. Just You. No One Else PRODUCED BY MUSIC ARTS / ALBUM MANAGER STEVEN CHONG / GO BROBUSER JOHN KUEK / STUDIO MANAGER PATRICK KUEK STUDIO ENGINEER FLORENCE & KAREN STUDIO POLYDOX MUSIC / SAXOPHONE STEVEN RUFUS / VIOLIN DANIEL BENG / HARMONICA TANG YUEN WAI / QUITAR JOHN KUEK / COSTUME BY STEVEN LAU Summermen / ART DIRECTION BY HONDO Glamour Shots / PHOTOGRAPHY BY GEORGE LIEW Glamour Shots / HAIR BY SOPHIA LEE THE LE SAION ESTYLING BY CALIN LIM



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