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the  
**Sar-Vivor**  
**Rap** by PCK Pte Ltd

“don't play play,  
fight **SARS** today!”

“Some more got  
**14** bonus tracks  
including Destiny's Child,  
Anastacia and Mandy Moore”

**Sony Music**

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# the Sar-Vivor Rap by PCK Pte Ltd

## [Part 1]

Some say "leh", some say "lah"  
Uncle Phua says time to fight SARS  
Everybody, we have a part to play  
To help fight SARS at the end of the day.

Wash your hands whenever you can  
Wash with soap, then at least got hope  
When you get home, take a bath quickly  
"Kiasu" a bit - be safe, not "SAR-ry".

Try not to travel to SARS countries  
Wait a few months lah, wait and see  
Eh why you rush to catch that plane?  
Use internet lah, use your brain!

Getting protection from this virus  
Means getting healthy- inside us  
Don't work too much until you're sick  
Get exercise and get yourself fit.

Good nutrition and vitamins  
Help you to pass the immunity challenge  
Eat your proteins, carbo and fibre  
Then you can be a... "SAR-vivor".

PCK say don't play play  
or this stupid SARS is here to stay  
But we can fight this, you and me  
Help fight SARS in our country.

SARS is the virus that I just want to minus  
No more surprises if you use your brain,  
use your brain, use your braaaainnn,

Can't SARS me baby, and I don't mean maybe  
You must be steady, just use your brain,  
use your brain, use your braaaainnn,

## [Part 2]

Some say "leh", some say "lah"  
Uncle Phua says time to fight SARS  
Everybody, we have a part to play  
To help fight SARS at the end of the day.

If you're sick, don't go to work  
Even if your boss is a jerk  
Don't be hero and continue working  
Wait the whole company "kenna" quarantine.

Wear a mask when you see a doctor  
See the same one, don't be a doc hopper  
Wait at the clinic, stay in one spot  
Don't spread your germs at the coffee shop

Think you got SARS? Call 993  
Ambulance will come for free  
They'll check you up at Tan Tock Seng  
Where they know about SARS like I know about "Ah Bengs".

Hey, if you "kenna" Home Quarantine  
Don't you go out except in your dreams  
"Tahan" a while and cooperate  
Don't give everybody a big headache

PCK say don't play play  
or this stupid SARS is here to stay  
But we can fight this, you and me  
Help fight SARS in our country.

SARS is the virus that I just want to minus  
No more surprises if you use your brain,  
use your brain, use your braaaainnn,

Can't SARS me baby, and I don't mean maybe  
You must be steady, just use your brain,  
use your brain, use your braaaainnn,

## [Part 3]

Some say "leh", some say "lah"  
Uncle Phua says time to fight SARS  
Everybody, we have a part to play  
To help fight SARS at the end of the day.

Keep our country clean and green  
Because nowadays, the germs are mean  
Don't leave food for stray dogs or cats  
Unless you want to keep their germs as pets.

Cover your mouth if you cough or sneeze  
You think everyone want to catch your disease?  
Don't "kak-pui"! all over the place  
You might as well "Kak pu!" on my face.

Don't throw your tissues all over the shop  
Think no one can see you so you don't stop  
Make me sick when people don't care  
Make you sick when you breathe the air

Even when things are getting better  
Don't do things and become a "regret-ter"  
Think SARS is gone? Your head ah.  
But listen to me and we'll be ok lah.

PCK say don't play play  
or this stupid SARS is here to stay  
But we can fight this, you and me  
Help fight SARS in our country.

SARS is the virus that I just want to minus  
No more surprises if you use your brain,  
use your brain, use your braaaainnn,

Can't SARS me baby, and I don't mean maybe  
You must be steady, just use your brain,  
use your brain, use your braaaainnn,



- 2** **Gurmit Singh (Phua Chu Kang) 1**  
**The Sar-Vivor Rap 4'43**  
 Composer- MediaCorp TV S'pore Pte Ltd  
 Publisher- MediaCorp TV S'pore Pte Ltd  
 (P)- 2003 MediaCorp TV S'pore Pte Ltd
- 3** **Destiny's Child 2**  
**Jumpin Jumpin 3'47**  
 Composer- Beyoncé Knowles-Rufus Moore-Chad Elliot  
 Publisher- All Black Music-353 Music Publishing Inc.  
 - Beyoncé Publishing  
 (P)- 1999 Sony Music Entertainment Inc.
- 4** **Anastacia 3**  
**One Day In Your Life 3'48**  
 Composer- Anastacia-Sam Watters-Louis Blancianello  
 Publisher- Poho Productions-Universal Music Corp.  
 -EMI April Music Inc.-Breakthrough Creations  
 -Sony/ATV Tunes LLC-S.M.V. Publishing  
 (P)- 2001 Sony Music Entertainment Inc.
- 5** **Toploader 4**  
**Dancing In The Moonlight 3'52**  
 Composer- Sherman Kelly  
 Publisher- EMI United Partnership Ltd.  
 (P)- 2000 Sony Music Entertainment (UK) Ltd.
- 6** **a1 5**  
**Ready Or Not 3'54**  
 Composer- Ben Adams-Peter Cunnah-  
 Christian Ingebrigtsen-Paul Marazzi-Mark Read  
 Publisher- EMI Music Publishing Ltd.-Copyright control  
 (P)- 1999 Byrne Blood Productions Ltd.
- 7** **Des'ree 6**  
**It's Okay 3'34**  
 Composer- Des'ree-Karlos Edwards  
 Publisher- Sony/ATV Publishing Ltd.-Karlos Edwards  
 (P)- 2002 Sony Music Entertainment (UK) Ltd.
- 8** **Jessica Simpson 7**  
**Irresistible 3'14**  
 Composer- A. Bagge-A. Briglison-P. Sheyne  
 Publisher- Plum Tree Tunes Ltd.  
 -Air Chrysalis AdmIn by Chrysalis Music Corp.  
 -Murlyn Songs Ab-All Rights for US & Canada controlled by  
 Universal Polygram International Publishing Inc.  
 -Murlyn Music-EMI Blackwood Music Inc.  
 on behalf of Hit & Run Music (Publishing) Ltd.  
 (P)- 2001 Sony Music Entertainment Inc.
- 9** **Mary Mary 8**  
**Shackles (Praise You) 3'18**  
 Composer- Warryn Campbell-Erica Atkins-Trecina Atkins  
 Publisher- EMI April Music Inc. abo itself and Nyrraw Music-  
 It's Tea Tyme-That's Plum Song  
 (P)- 2000 Sony Music Entertainment Inc.
- 10** **Lara Fabian**  
**I Will Love Again 3'43**  
 Paul Barry-Mark Taylor -Composer  
 Right Bank Music Inc. -Publisher  
 1999 Sony Music Entertainment Inc. -(P)
- 11** **Mandy Moore**  
**Candy 3'55**  
 Jive (aka Denny Kleiman)-Denise Rich  
 Dave Katz-Tony Battaglia -Composer  
 Fiction Songs Ltd.-BMG Songs Inc.  
 Dream Image IDG Publishing- Connotation Music  
 Warner Tamerlane Publishing Corp.  
 EMI Blackwood Music Inc.-Reptilian Music  
 Universal Music Corp.-Big Ant Music Co. -Publisher  
 1999 Sony Music Entertainment Inc. -(P)
- 12** **Las Ketchup**  
**The Ketchup Song (Asereje)(Spanglish version) 3'32**  
 Manuel Ruiz "Queco"-Adapt.- Manny Benito -Composer  
 Sony/ATV Music Publishing -Publisher  
 2002 Sony Music Entertainment (Spain)  
 S.A./Shaketown Music S. L. -(P)
- 13** **Models**  
**Ding A Dong 3'44**  
 Bakker-Lulkinga-Ouwens -Composer  
 Nanada Music -Publisher  
 2002 Heben Music/Xanadu Records -(P)
- 14** **Mark Oh**  
**Let This Party Never Ends (Video Cut) 3'47**  
 Marko Albrecht-Andri Schottler -Composer  
 Brother & Sister Publishing  
 Bigpop Musiksverlags GmbH  
 Warner Chappell Music Publishing -Publisher  
 2002 Home Records GmbH and  
 Sony Music Entertainment (Germany) GmbH & Co. Kg -(P)
- 15** **X-Press 2**  
**Lazy (Feat. David Byrne) 6'58**  
 X Press 2-David Byrne -Composer  
 Chrysalis/BMG Music Publishing Ltd.  
 Warner Chappell Music Ltd. -Publisher  
 Skint Records 2002 -(P)
- 16** **Splendor**  
**I Think God Can Explain 4'00**  
 Waymon Boone -Composer  
 Hit & Run Music Publishing Ltd.  
 admin. by WB Music Corp. -Publisher  
 1999 Sony Music Entertainment Inc. -(P)



# the Sar-Vivor Rap

by PCK Pte Ltd

“don't play play,  
right **SARS** today!”

Plus **14** bonus tracks!

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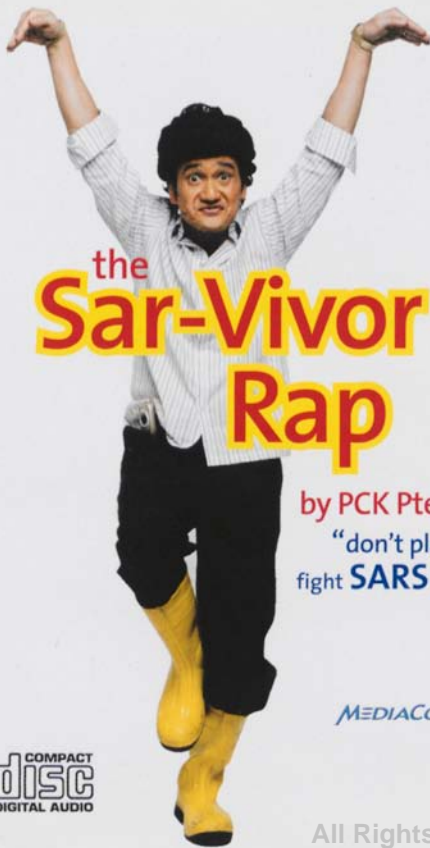
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COMPACT  
**disc**  
DIGITAL AUDIO



the  
**Sar-Vivor  
Rap**

by PCK Pte Ltd

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fight **SARS** today!”



**Sony Music**

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- 01) Phua Chu Kang - The Sar-Vivor Rap
- 02) Destiny's Child - Jumpin Jumpin
- 03) Anastacia - One Day In Your Life
- 04) Toploader - Dancing In The Moonlight
- 05) a1 - Ready Or Not
- 06) Des'ree - It's Okay
- 07) Jessica Simpson - Irresistible
- 08) Mary Mary - Shackles (Praise You)
- 09) Lara Fabian - I Will Love Again
- 10) Mandy Moore - Candy
- 11) Las Ketchup - The Ketchup Song (Asereje)(Spanglish)
- 12) Models - Ding A Dong
- 13) Mark Oh - Let This Party Never Ends (Video Cut)
- 14) X-Press 2 - Lazy (Feat. David Byrne)
- 15) Splendor - I Think God Can Explain

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